

Your child's class is scheduled for a field trip to Elite Fitness



Date and Time: \_\_\_\_\_

Return this release agreement to your teacher by \_\_\_\_\_

Elite Fitness is located at 208 FM 228 in Grapeland, Texas. The phone number is 936-687-1009 and the web address is [www.elite-fitness-grapeland.com](http://www.elite-fitness-grapeland.com).

The field trip will include two hours of activity, tumbling, and fun on trampoline, obstacle courses, foam pit and more!!! If possible, please have your child wear comfortable, athletic style clothing. Children with long hair should have their hair tied back. The cost is \$8.00 per child.

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Child's Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Parents' Name: \_\_\_\_\_ Work/Cell Phone: \_\_\_\_\_

I give permission for my child to participate in a field trip at Elite Fitness. I understand that gymnastics in itself is inherently dangerous. I accept that any activity involving motion or height can cause serious, permanent or fatal injury. The above named participant has had a medical examination within the last twelve months and is physically, mentally and emotionally capable of participating in the sport of gymnastics.

Participants are expected to carry their own accident and medical insurance. I agree to be responsible for any medical bill incurred resulting from illness or injury while my child is at Elite Fitness. In the event of injury or illness, every effort will be made to contact the parents or guardian. If necessary, I authorize Elite Fitness to administer first aid and/or authorize medical treatment.

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date

